

Seniors Festival FREE Classes



Nillumbik Leisure Facilities supports active ageing through a range of activities and for all levels of ability. We hope you enjoy the below free exercise classes and the various free social and educational activities during October.

SENIORS MONTH 1 OCTOBER - 31 OCTOBER

COMMUNITY BANK STADIUM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.15AM				ACTIVE MOVERS	
1PM		ACTIVE MOVERS			

DIAMOND CREEK COMMUNITY CENTRE

9.20AM				ZUMBA GOLD	
--------	--	--	--	------------	--

DIAMOND VALLEY SPORTS AND FITNESS CENTRE

10.30AM					ACTIVE MOVERS
---------	--	--	--	--	---------------

ELTHAM LEISURE CENTRE

8.10AM			ZUMBA GOLD		
10.15AM			ACTIVE AQUA		
10.30AM		WALKING BASKETBALL			
11.20AM		TAI CHI			
1PM		ACTIVE AQUA			

Bookings are essential, please allow 10 minutes before the class to book in with our reception team. For more information about each class or if you have any questions or concerns, please speak with our team via phone or email reception.eltham@alignedleisure.com.au

Eltham Leisure Centre 40 Brougham St Eltham | 9439 2266

Community Bank Stadium 129-163 Main Hurstbridge Rd, Diamond Creek | 9438 8900

Diamond Creek Community Centre 28 Main Hurstbridge Rd Diamond Creek | 9438 5299

Diamond Valley Sports and Fitness Centre 44 Civic Dr Greensborough | 9435 8444

LEISURE
FACILITIES

